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INTERNATIONAL ASSOCIATION OF FACILITATORS (IAF) KENYA
REPORT ON ENGAGEMENT WITH RED CROSS VOLUNTEERS, UKUNDA, KWALE COUNTY
APRIL 20TH 2024



Participants: 31 Red Cross Volunteers (16 female, 15 male)

Facilitators: Doreen Mutune, Mariam Okumu, Elisha Mwaringa, Deeja Omondi, Martin Oduor, Boniface Maina, Mary Bada

(all members of the IAF Kenya Network and/or Pwani Facilitators Network)

Topics Covered: Opening Circle, Facilitation Skills, Intra-personal Skills, Group Dynamics, Closing Circle



Opening Circle –

Facilitated by Doreen and Mwaringa

Participants were asked to share their names and a hobby of theirs with the aim of enabling participants to not only know one another but to be more free with one another in the learning journey

Facilitation Skills – facilitated by Mariam and Mwaringa:

Participants were divided into 2 groups and asked to develop role plays – one group focused on the “do’s” of facilitation; the other was focused on the “don’ts” of facilitation. After presenting their role plays, this was followed by discussion and de-briefing



Intra-Personal Skills & Group Dynamics – facilitated by Mary and Deeja:

Key points of the discussion were:

- What is a group
- Types of groups
- Stages of group formation
- Characteristics of a group
- Qualities of a good leader

Closing Circle – facilitated by Martin

This was aimed at concluding the day's activities where participants were all asked to say a few words about the day and how they felt about the facilitation. The feedback from the participants was very positive.

Recommendations for the Future:

1. Regular follow-up sessions with the participants – members of Pwani Facilitators Network (PFN) are willing to undertake this due to their proximity to Ukunda
2. More intensive training on Facilitation skills and methods
3. Participation in other activities (those organised by the Red Cross volunteers)
4. Mentorship / peer mentorship in the family of Facilitators
5. Registering of Red Cross volunteers in the Facilitators Networks – PFN, IAF etc.

***Special thanks to all who made this event possible –
Members of the IAF Kenya chapter, Pwani Facilitators Network and Red Cross***